

2. Rodenbacher Lauftag - 12.09.2021

Zieleinlaufliste offener Lauf 5km



Rang	Name	Verein/Team/*Ort	m/w	Pl.	Jg.	AK	Pl.	B-Zeit	GapTime	min/km	R-1	R-2	R-3	R-4	StNr.
offener Lauf 5km															
1	Kaufhold, Tristan	SSC Hanau-Rodenbach	m	1	2006	M15	1	00:15:03	--	3:00,4	00:15:03				174
2	Abele, Lukas	SSC Hanau-Rodenbach	m	2	1997	M	1	00:16:33	+01:30	3:18,5	00:16:33				243
3	Rössler, Lennart	VfL Sportfreunde Bad Neustadt	m	3	2006	M15	2	00:17:06	+02:03	3:25,1	00:17:06				251
4	Erdniß, Jonathan	SSC Hanau-Rodenbach	m	4	2006	M15	3	00:17:10	+02:07	3:25,9	00:17:10				160
5	Debus, Nico	SSC Hanau-Rodenbach	m	5	2008	M13	1	00:17:36	+02:33	3:31,0	00:17:36				156
6	Müller, Sasha	SSC Hanau-Rodenbach	m	6	2001	M	2	00:17:40	+02:37	3:31,8	00:17:40				178
7	Keller, Jessica	TG Worms	w	1	2001	W	1	00:17:45	+02:42	3:32,8	00:17:45				175
8	Ache, Christian	SSC Hanau-Rodenbach	m	7	2007	M14	1	00:17:47	+02:44	3:33,3	00:17:47				151
9	Herber, Lennard	TV Salmünster	m	8	2006	M15	4	00:18:09	+03:06	3:37,6	00:18:09				170
10	Heise, Timo	TV Waldstraße Wiesbaden	m	9	2003	MJ U20	1	00:18:18	+03:15	3:39,5	00:18:18				265
11	Jahn, Manuel	ADAC Triathlonclub Main-Kinzig	m	10	1994	M	3	00:18:29	+03:26	3:41,7	00:18:29				173
12	Becher, Georg	Bischof Verst	m	11	2003	MJ U20	2	00:19:25	+04:22	3:52,8	00:19:25				258
13	Frisenna, Salvatore	Selbolder Raal	m	12	1973	M45	1	00:19:32	+04:29	3:54,3	00:19:32				162
14	Endlich, Joakim	SSC Hanau-Rodenbach	m	13	2009	M12	1	00:19:56	+04:53	3:59,1	00:19:56				157
15	Büchner, Jan	SG Oberliederbach	m	14	2007	M14	2	00:20:06	+05:03	4:01,1	00:20:06				153
16	Becher, Anton	KLV	m	15	2006	M15	5	00:20:09	+05:06	4:01,6	00:20:09				259
17	Warnecke, Hannes	Spiridon Frankfurt	m	16	2009	M12	2	00:20:11	+05:08	4:02,0	00:20:11				269
18	Proföhr, Christian	Team Erdinger alkoholfrei	m	17	1964	M55	1	00:20:26	+05:23	4:05,1	00:20:26				264
19	Skalsky, Eva	LuT Aschaffenburg	w	2	1981	W40	1	00:20:43	+05:40	4:08,4	00:20:43				184
20	Fink, Oliver	ADAC Triathlon-Club Main-Kinzig	m	18	1971	M50	1	00:20:56	+05:53	4:11,0	00:20:56				266
21	Schneider, Anne	SSC Hanau-Rodenbach	w	3	2006	W15	1	00:21:04	+06:01	4:12,6	00:21:04				261
22	Scherger, Adrian	TGS Niederrodenbach	m	19	2008	M13	2	00:21:19	+06:16	4:15,6	00:21:19				182
23	Haase, Jörg	TSG Wehrheim	m	20	1966	M55	2	00:21:24	+06:21	4:16,6	00:21:24				263
24	Taubel, Carla	SSC Hanau-Rodenbach	w	4	2006	W15	2	00:21:37	+06:34	4:19,2	00:21:37				253
25	Kaufhold, Bastian	SSC Hanau-Rodenbach	m	21	2009	M12	3	00:21:39	+06:36	4:19,6	00:21:39				238
26	Krill, Maximilian	TGS Niederrodenbach	m	22	2010	M12	4	00:21:46	+06:43	4:21,1	00:21:46				176
27	Wegmann, Till	TGS Niederrodenbach	m	23	2011	M12	5	00:22:18	+07:15	4:27,4	00:22:18				190
28	Hesse, Jessica	TV Gelnhausen	w	5	1995	W	2	00:22:22	+07:19	4:28,3	00:22:22				171
29	Khaniani, Joschka	ADAC Triathlon-Club Main-Kinzig	m	24	1986	M35	1	00:22:38	+07:35	4:31,4	00:22:38				270
30	Erdniß, Benedikt	FC Wertheim-Eichel	m	25	2009	M12	6	00:22:40	+07:37	4:31,8	00:22:40				158
31	Hanisch, Clara	Spiridon Frankfurt	w	6	2008	W13	1	00:22:49	+07:46	4:33,7	00:22:49				167
32	Grünwald, Lara	TGS Niederrodenbach	w	7	2007	W14	1	00:23:04	+08:01	4:36,6	00:23:04				164
33	Wegmann, Annika	TGS Niederrodenbach	w	8	2008	W13	2	00:23:16	+08:13	4:39,0	00:23:16				189
34	Eusebio, Destany	TGS Niederrodenbach	w	9	2007	W14	2	00:23:27	+08:24	4:41,3	00:23:27				161
35	Costa, Johanna	TGS Niederrodenbach	w	10	2007	W14	3	00:23:36	+08:33	4:43,0	00:23:36				154
36	Naboon, Mia	TGS Niederrodenbach	w	11	2010	W12	1	00:23:37	+08:34	4:43,2	00:23:37				179
37	Lik, Rachel	ADAC Triathlon-Club Main-Kinzig	w	12	1975	W45	1	00:23:44	+08:41	4:44,6	00:23:44				256
38	Segar, Vicknesh		m	26	1990	M30	1	00:24:06	+09:03	4:49,0	00:24:06				252
39	Galahn, Silas	Spiridon Frankfurt	m	27	2007	M14	3	00:24:18	+09:15	4:51,5	00:24:18				163
40	Harloff, Johanna	ADAC Triathlon-Club Main-Kinzig	w	13	1996	W	3	00:24:22	+09:19	4:52,3	00:24:22				168

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41	Akalan, Ömer	TGS Niederrodenbach	m	28	2010	M12	7	00:24:31	+09:28	4:54,1	00:24:31				152
42	Erdniß, Holger	ETSV Lauda	m	29	1963	M55	3	00:25:04	+10:01	5:00,6	00:25:04				159
43	Haase, Julia		w	14	1992	W	4	00:25:27	+10:24	5:05,2	00:25:27				262
44	Ivas, Frida	*Karben	w	15	2006	W15	3	00:25:29	+10:26	5:05,7	00:25:29				172
45	Silke, Neuser	LT Freigericht	w	16	1970	W50	1	00:25:33	+10:30	5:06,5	00:25:33				183
46	Oehme Torrent, Elea	TSV Auringen 1886	w	17	2010	W12	2	00:25:54	+10:51	5:10,7	00:25:54				180
47	Becher, Jan		m	30	1967	M50	2	00:26:00	+10:57	5:11,9	00:26:00				257
48	Uffermann, Julia	ADAC Triathlon	w	18	1983	W35	1	00:26:09	+11:06	5:13,6	00:26:09				187
49	Neumeier, Lea		w	19	1999	W	5	00:26:23	+11:20	5:16,5	00:26:23				242
50	Oettle, Maximilian	TVO	m	31	2011	M12	8	00:26:24	+11:21	5:16,7	00:26:24				272
51	Matos, Aaliyah	TGS Niederrodenbach	w	20	2007	W14	4	00:27:06	+12:03	5:25,0	00:27:06				177
52	Gündling, Norbert	TV Goldbach	m	32	1940	M80	1	00:28:15	+13:12	5:38,9	00:28:15				165
53	Tentrup-Tiedje, Corinna	LF Naheland Bad Kreuznach	w	21	1959	W60	1	00:28:39	+13:36	5:43,7	00:28:39				186
54	Weidemann, Brisa	LuT Aschaffenburg	w	22	2009	W12	3	00:31:25	+16:22	6:16,9	00:31:25				192
55	Weidemann, Annemarie	LuT Aschaffenburg	w	23	1979	W40	2	00:32:33	+17:30	6:30,4	00:32:33				191
56	Oettle, Amelia	TVO	w	24	2010	W12	4	00:33:02	+17:59	6:36,2	00:33:02				273
57	Oettle, Pieter	TuO	m	33	1963	M55	4	00:33:03	+18:00	6:36,5	00:33:03				271
58	Siegfart, Kim	ADAC Triathlon-Club Main-Kinzig	w	25	2008	W13	3	00:35:31	+20:28	7:06,0	00:35:31				267
59	Siegfart, Christian		m	34	1976	M45	2	00:35:31	+20:28	7:06,0	00:35:31				268

Anzahl Teilnehmer: 59

Liste Aushang / UHRZEIT: ____:____